

Female Genitalia Examination Checklist

Instructions: *Italicized information indicates what the student should be verbalizing.*

	Performed	Verbalized
<i>Washes hands FIRST and dons appropriate personal protective equipment.</i>	Y / N	
<i>Introduces self to patient using first and last name, including role.</i>		Y / N
Inspection of External Genitalia		
1. Mons pubis, labia majora and perineum: lesions, swelling, erythema, masses.	Y / N	Y / N
2. Labia minora, clitoris, urethral meatus, introitus: lesions, swelling, erythema, masses, discharge, odor	Y / N	Y / N
Palpation		
1. Bartholin glands: swelling, tenderness, discharge	Y / N	Y / N
Inspection: Internal Examination; Speculum Exam		
1. Warm speculum	Y / N	Y / N
2. Inform patient you are about to insert speculum and will feel you touching.		Y / N
3. Insert speculum correctly	Y / N	
4. Cervix: color, erosions, lesions	Y / N	Y / N
5. Cervical os: shape, bleeding, discharge	Y / N	Y / N
6. Pap smear: endocervical and ectocervical specimen, vaginal vault and suture line if indicated	Y / N	Y / N
7. Diagnostic testing and wet prep specimens, if indicated	Y / N	Y / N
8. Vaginal mucosa: color, inflammation, discharge, lesions, masses	Y / N	Y / N
Palpation: Bimanual Exam		
1. Assess introitus and vaginal wall while asking patient to bear down: muscle tone, tenderness, nodularity	Y / N	Y / N
2. Cervix: position, consistency, mobility, tenderness, masses	Y / N	Y / N
3. Fornices: anterior, posterior, laterals for masses, consistency	Y / N	Y / N
4. Uterus: size, shape, position, masses, mobility, tenderness, consistency	Y / N	Y / N
5. Adnexa: tenderness, masses and/or ovaries, noting size, shape, mobility, consistency	Y / N	Y / N
6. Rectovaginal: consistency, masses, tenderness (pouch/uterus/rectum)	Y / N	Y / N
Adequate exposure was obtained for all inspection steps.	Y / N	
Adequate draping was maintained for all steps.	Y / N	

Adapted from Albany Medical College, Center for Physician Assistant Studies | Bickley: *Bates' Guide to Physical Examination and History Taking*, Thirteenth Edition. Copyright © 2021 Wolters Kluwer Health